



ST. ALBERT AND AREA RETIRED TEACHERS' ASSOCIATION BULLETIN

September 17, 2019

Editor: Peggy Bergmann (pbergmann@shaw.ca)

October 4, 2019: Breakfast Meeting

At Sturgeon Valley Golf and Country Club

8:30 am: Doors Open (*Please do not arrive early!*)

9:00 am: Breakfast Cost: \$22 for STARTA members
\$27 for non-members

Membership - \$10 (available at the door)

Please bring correct change if possible



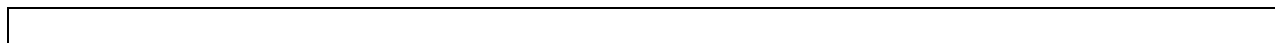
10:00 am ***St. Albert's Environment and You!***

Erin Gluck and Meghan Myers will begin with an interactive group activity followed by a presentation on the key environmental issues the City is currently facing, including actions the City is taking and what residents can do to help.

Erin Gluck is currently the Operations Supervisor (Forestry) with Public Works, having worked over the past 26 years at the City in roles with Aquatics, Community Recreation, and Environment. With a background in forestry and education, she looks after the City's Spruce Up St. Albert program, Grey Nuns White Spruce Park Working Group, and school education programs related to environment topics. She lives in the Lacombe Park area and spends a lot of time exploring the City's trail and park system with her husband and two young daughters.

Meghan Myers started with the City in 2006 in a role that supported the corporation (internal processes and operations) and community outreach. Meghan is currently the Environmental Coordinator - Community Strategy and Engagement, which, as the position title defines, focusses on community and public engagement activities for the Environment branch. She develops and monitors the Environmental Master Plan including programs and initiatives, coordinate the Environmental Initiatives Grant Program, and facilitate the Environmental Advisory Committee. Although Meghan grew up in St. Albert, she now lives in the Woodcroft community of Edmonton with her husband and two young sons.

Thanks to Joyce for the amazing pictures of St. Albert plants !



We are so excited for the upcoming ONE-DAY CONFERENCE...

'Lively Living'

NOV. 21, 2019 (9:00am – 4:45pm) at Star of the North Retreat House

Get speaker and session information and print out registration forms from the website www.artabranches.net/starta/events)

This conference is funded in part by a grant from ARTA and has 2 goals.

1. To improve the experience of branch and other ATRA members
2. To raise the profile of STARTA and ARTA in the community by including members of the public.

So please, invite your friends and neighbours AND register early for yourself!

ONLY Member registrations will be accepted until October 10. After that all registrations will be accepted on a first come, first registered basis, as spaces are limited!

You can download the registration form and bring it with you to the October 4 breakfast, and pay at that point. There will be forms available at the breakfast so you could also complete the form there. Remember, registration is not complete until payment is received by the registrar.

Make cheques *payable to STARTA* to and send to:

Debbie Kelley 11319-130 St., Edmonton AB, T5M 1A3

Upcoming Theatrical Opportunity! From *Ardyth*

Horizon Stage in Spruce Grove is advertising a very interesting 2019-2020 Season. In particular, the following 2 performances peaked my interest. If you would like to go to either one, let me know and I will arrange for a group of tickets.

Jake's Gift. "A multi-award winning one-actor play about a Canadian World War II veteran's reluctant return to Juno Beach for the 60th anniversary of D-Day." There he meets a charming 10 year old who challenges him to confront some long-ignored ghosts. Jake's Gift is about the legacy of remembrance. **Thursday, November 7--7:30 pm.** Seniors \$30

Contact garrisonardyth@gmail.com by **September 20** for tickets.



Going Wild with Brian Keating: Brian has explored over 50 countries on all seven continents. His buoyant method of storytelling, humour and personal anecdotes are engaging.

Friday, May 22--7:30 pm All Ages \$25

Contact garrisonardyth@gmail.com by **October 4** for tickets.

Review: Saturday Aug. 24, 2019: An

Afternoon at the Races

The drive out to the International Airport area was worth it as 19 racing fans enjoyed the facilities of the Finish Line buffet at the Century Mile Racetrack & Casino. Tasty food, friendly service, enjoyable company of STARTA and a couple of ERTA members, beautiful horses, colorful jockeys, and (although a couple of people won) loss of some money made for an entertaining day. Before and/or after the races, the facilities of the new casino were checked out by many of our participants. From my perspective, it was a very enjoyable day.

Maurine

2019 Federal Election: Seniors' Issues

What will you be asking your local candidate? What information will be useful in assessing the positions of the various parties? The Canadian Association of Retired Teachers* has identified four issues that may be relevant to you.

- Making Retirement Income More Secure
 - Key Message: Canadians deserve a secure and dignified retirement, with a guaranteed and sufficient source of income
- National Pharmacare
 - Key Message: All Canadian should have access to the medications they need. A universal, public, comprehensive, accessible and portable national Pharmacare program would cut costs and lead to a healthier population.
- Opposition to Privatization of Medical Services
 - Key Message: Access to medical support should not be dictated by an individual's means to pay.
 - Medicare is based on five principles contained in the Canada Health Act: public administration, universal access, comprehensive coverage, accessibility without extra charges or discrimination and portability across the provinces.
- National Seniors Strategy
 - Key Message: Canada needs a National Seniors Strategy that optimizes health, financial security, affordable housing and social inclusion so all Canadians can age with dignity.

For each of these issues, this organization has have identified three topics:

- What is the issue?
- Advantages to Canadians
- Questions to ask candidates

For more information go to www.acer-cart.org and click on Elections Brochure.

*ACER-CART: Association Canadienne des enseignantes et des enseignants retraites:
Canadian Association of Retired Teachers

Second Wind Conference 2019

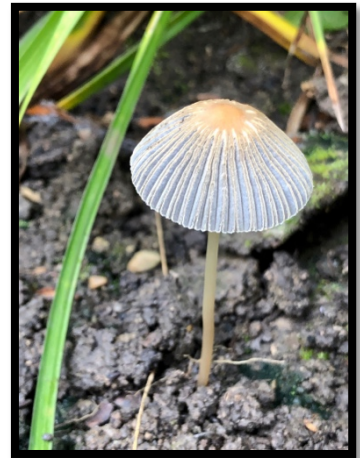
Several of our members took the opportunity to attend the recent Second Wind Conference held on September 5. The fact that the conference was sold out well before the conference date speaks to its popularity. Organized by ARTA branches in the Edmonton area, all retirees are welcome to attend. Keynote speaker Catherine Samson entertained us all with stories of her life experiences and the humour and inspiration she found in them. Twenty other sessions were informative and interesting. I particularly enjoyed a session on sleep given by a researcher from U of A. STARTA's donation to Second Wind was recognized by the organizers and was, in my opinion, definitely value for money.

Marian Oberg

ARTA Annual General Meeting October 1 and 2, 2019

Our presidents, Debbie Kelley and Marian Oberg, will be attending the ARTA Annual General Meeting in Edmonton on October 1-2, 2019. We are allowed to send other delegates to this meeting as well, but, like the ATA Annual Meeting, the number of delegates we are allowed to send depends directly upon the number of ARTA members from our area. For this reason, we encourage all retired teachers to invest in an ARTA membership. At the annual meeting, elections are held for ARTA executive as well as committee members.

Any ARTA member can run for positions on the executive and the committees. Currently, from our branch, Leo Bruseker sits on a provincial committee. There are also a number of reports given at the meeting, including those from the committees, finances and budget, ATRF, and the ARTA Charitable Foundation.



MARK YOUR CALENDAR: Upcoming breakfast dates

November 1, 2019: Speaker (to be determined) Remembrance Day topics.

November 21, 2019: Lively Living Conference (9:00 am -4:45 pm)



December 6, 2019: Book Sale & Exploring Iceland
Whether Reykjavik is a stop-over on the way to Europe or if you are considering Iceland as a destination, see some photos and hear about the city of Reykjavik, local tours, attractions, and must sees.

January 10, 2020 (second Friday)

February 7, 2020

March 6, 2020

April 3, 2020

No date has been set at this time for the AGM and possible BBQ in May

Thank you to those who contributed to this News Bulletin.