

7th New Frontiers Retirees' Conference

Organized by the Northwestern Branch and
Sponsored by the Alberta Retired Teachers' Association



Monday, May 9th, 2022

Pomeroy Hotel and Conference Centre (south of the Grande Prairie Mall)

Learn, Grow ... Connect

For members, the conference fee is **\$45** (the same as 2020).

Friends and guests are invited to purchase a membership for \$10 (expiring June 30) or a pay \$50 conference fee.

The NWARTA membership application is available on the website <https://artabranches.net/nwarta/> and specifically at https://artabranches.net/nwarta/wp-content/uploads/sites/14/2019/11/Membership-Application_Renewal-2019.pdf

Your conference fee includes two keynotes as well as two breakout sessions, morning coffee/tea with baked goods, a buffet luncheon with soup, salad, choice of sandwiches and sweet treats. There will be *Wine Down* entertainment and you may wish to purchase a glass of wine to end your Conference Day. Of course, there will be opportunities to win fabulous door prizes.

To pre-register, see the form at the end of the document.

The final date for registration is noon **Thursday, May 5th**.

Once your registration is received, you will receive confirmation by return email or by phone.

Please note




Grow Creatively with *Judy Garlinski* is a **double session**, one hour in the morning with a break for lunch and the second hour in the afternoon.

This double session is limited to 15 participants. When you register for the Conference, specify that you would like to be a participant in this painting session. There is no additional cost; supplies are included.

8:15 –
8:55

Registration and Morning Coffee/Tea with Baked Goods

A great time to ***Connect*** with friends and conference participants.

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Opening Keynote</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">9:25 – 10:25</p>	<p style="text-align: center;"><i>Learn about Digging into the Past of the Peace: Archaeology of Old Bezanson</i></p> <p style="text-align: center;"><i>with Drs. Shawn Morton & Meaghan Peuramaki-Brown</i></p> <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 10px;"> <p>Shawn is an archaeologist and an Anthropology Instructor at Northwestern Polytechnic. His research interests incorporate urban and architectural studies; place-making; survey and visualization.</p> </div> </div> <div style="display: flex; align-items: flex-start; margin-top: 10px;">  <div style="margin-left: 10px;"> <p>Meaghan is an archaeologist and Associate Professor at Athabasca University. She specializes in ancient settlement patterns, urbanism, and household activities.</p> </div> </div> <p>Together, they co-direct the community-engaged Stann Creek Regional Archaeology Project in Belize and Alberta's community-based Old Bezanson Archaeology Project in the Peace Region.</p> <p>-----</p> <p>During the summer of 2021, with the aid of community volunteers and the guidance of local historians, an archaeological survey was initiated at the Old Bezanson Townsite with the aim of evaluating the research potential of the site. While the investigation was limited in scope and results preliminary in nature, Drs. Morton and Peuramaki-Brown are eagerly preparing for the next season. Learn about the road travelled so far and help shape their plans for the future.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Morning Breakout Sessions</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">10:45 – 11:45</p>	<p style="text-align: center;"><i>Connect through Travel and Adventure</i></p> <p style="text-align: center;"><i>with Ken Landry</i></p> <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 10px;"> <p>Ken has lived in Fairview most of his life, but he and his wife moved to Grande Prairie six years ago. He has owned and operated many businesses over the years; he purchased his first travel agency in 1984 and later became one of the first franchisees of Marlin Travel in Alberta (then a young company). As an owner of several travel businesses and an active member in the Association of Travel Agents, Ken considers himself very fortunate to have traveled all over the world.</p> </div> </div> <p>-----</p> <p>Ken is eager to share the story of his travel business, his personal travel, as well as travels as a tour leader specialising in tours to China. He also led tours to a great many destinations including the entire Orient, Africa, South Africa, Russia, Vietnam, Cambodia, Thailand, Peru, England, Scotland, and Ireland. His upcoming group tour is planned for Croatia in September 2022.</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Morning Breakout Sessions</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">10:45 – 11:45</p>	<p style="text-align: center;">Grow Creatively <i>with Judy Garlinski</i></p> <p>Pre-registration is required; maximum of 15 participants. Note that this is a double session and will continue in the afternoon.</p> <div style="display: flex; align-items: flex-start;">  <div style="flex-grow: 1;"> <p>Judy has worked at the Grande Prairie Public Library in Children’s Department. She has also assisted in artistic programs for adults. Her personal passion is “Dollhouse Miniatures”, at least one of which has been used for fund raising by the Grande Prairie Art Gallery. Besides painting, Judy loves knitting, sewing, crafting, and she enjoys sharing her hobbies and skills with others. She continues to be a learner, incorporating new techniques others have taught her.</p> <p>-----</p> <p>Join Judy as she guides you through creating your own still-life painting.</p> </div> </div>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">11:45 – 12:45</p>	<p style="text-align: center;">Connect during Lunch</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Afternoon Breakout Sessions (choose one)</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">12:45 – 1:45</p>	<p style="text-align: center;">Connect through Music: Singing Well Throughout Life <i>with Tina Alexander</i></p> <div style="display: flex; align-items: flex-start;">  <div style="flex-grow: 1;"> <p>Mezzo-soprano, Tina Alexander-Luna, has her Masters in Voice Performance from the University of Ottawa, an Advanced Certificate in Performance and Doctor of Musical Arts from the University of Toronto in Voice Performance.</p> <p>Currently Instructor of Voice and Choir at Northwestern Polytechnic (formerly GPRC), Tina hopes to continue growing as a performer, conductor, and educator</p> <p>As a teacher of Voice, Tina loves to encourage and instill confidence in her students, as well as giving them opportunities to grow as expressive communicators and versatile singers through performance of all styles and genres.</p> <p>-----</p> <p>“Singing well throughout Life”- Whether you are a shower-singer, karaoke enthusiast, don’t sing at all, or have sung all your life - EVERYONE can sing! There are so many health benefits that come from singing, and through life’s transitions, music can provide a great source of solace and entertainment but is also something that we can all continue to do well as we age!</p> <p><i>How is music and singing beneficial to my health? Can I still learn to sing better? How can I use my voice well as I age? All these questions and more will be discussed! Come with your enthusiasm and be prepared to do some singing</i></p> </div> </div>

Afternoon Breakout Sessions (choose one)

12:45 – 1:45

**Learn about the Area's History
with Ellyn Vandekerkhove**

Ellyn is the Executive Director of the South Peace Regional Archives. Growing up in the Peace Country, she fell in love with community history from a young age. Following her education in history and heritage resource management, she returned home working in local heritage organizations including Historic Dunvegan and the Philip J. Currie Dinosaur Museum before going to the Archives.

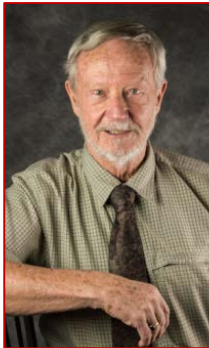
The purpose of the South Peace Regional Archives is to encourage the appreciation and study of the history of the region by acquiring, preserving, and making accessible to the public records that reflect the cultural, social, economic, and political history of this area. In times of uncertainty, history is crucial to create a sense of connection and community. Learn more about the types of records the Archives accepts, how they are preserved, how they can be accessed, and how you can ensure that your family history is preserved for future generations.

**Grow Creatively
with Judy Garlinski**

This session continues from the morning for pre-registered participants.

Closing Keynote

2:05 – 3:05

**Learn and Grow
with Doug Heckbert**

Doug's work experience includes: probation officer and prison caseworker with Alberta Correctional Services; parole officer with the National Parole Service; staff trainer and program director with Native Counselling Services of Alberta; and instructor with MacEwan University. Doug continues to offer his expertise as a consultant specializing in criminal justice education, training, and research.

In 2020, Doug published *Go Ahead and Shoot Me!* "a collection of stories about real people who have been convicted of real crimes and who have been on probation, on parole, or in prison ... all stories show the human side of criminals not just the nature of the crimes they committed ... there is much more to an offender that just their criminal behavior."

Doug's presentation is based on an article he wrote in 2013 for *Justice Report*, a publication of the *Canadian Criminal Justice Association*, entitled *The Indigenous Experience: Is it Important to Know About This?* His career has been in criminal justice so he will touch briefly on how it is crucial for him at work

	To learn about the Indigenous experience. He will then move into discussing the Indigenous experience in terms of contemporary issues and conclude with suggestions to connect with the Indigenous community.	
3:05 – 3:20	Connect during the Wine Down	During the <i>Wine Down</i> , you are invited to purchase a glass of wine or a beverage of your choice, enjoy the entertainment, perhaps win a door prize and reflect on the 7 th New Frontiers Retirees' Conference.
3:20 – 3:30		Closing by Loma McIlroy , ARTA President
3:30 →		Entertainment by the GP Readers

Registration for the 7th New Frontiers Retirees' Conference (Monday, May 9, 2022)

Your registration must be received by noon **Thursday, May 5th**.

Email your registration (including the information listed below) to: nwarta.treasurer@gmail.com, or if you prefer, mail your registration to:

NWARTA
Box 1435
Grande Prairie, AB T8V 4Z2

The conference fee must accompany your registration. You may pay by e-transfer to nwarta.treasurer@gmail.com or by cheque payable to NWARTA.

Check one --

NWARTA Member Registration Fee \$45
 NWARTA friends and Guests Registration Fee \$50

Friends and Guests may choose to purchase a \$10 membership. See the information on the first page.

Name _____ Phone _____

Mailing Address _____

Do you wish to be participant in Judy Garlinski's painting session—*Grow Creatively*. Note this is a **double session** with a limit of 15 participants. No extra cost; supplies are included. Yes _____

Once your registration is received, you will receive confirmation by email or phone.