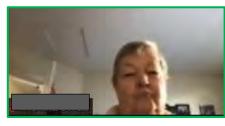






Connecting Retirees in Northwestern Alberta











NWARTA's website – https://artabranches.net/nwart

Working towards an enhanced quality of life in retirement by --

- maintaining an engaged lifestyle
- making social connections
- participation in a variety of activities
- being physically active
- sustaining brain health remaining informed and intellectually mindful
- being vibrant and venturesome

