

*Wishing You Much Happiness This  
Holiday Season! Merry Christmas.*



**NEARTA**

*NEARTA, provides an opportunity for friends and colleagues to meet, enjoy activities together, and pursue a healthy lifestyle.*

*NEARTA activities offer social connectedness, an avenue for retired teachers to remain in contact with their colleagues, enjoy meals, benefit from speaker presentations, encourage and participate in community volunteerism, and have fun!*



**NEARTA—Northeastern  
Alberta Retired Teachers'  
Association**

**December 2024  
Newsletter  
Volume 1, Issue 4**

### Highlights from the December Meeting

- \* **President Larry Lambert** presented his report, including a review of the ARTA Board of Director's November 2024 meeting; AIMCO and ATRF pensions.
- \* **Guest Speaker: Gilbert Perras**, Dean of Career Programs, Portage College; the proposed Bachelor of Education program; how the program will help get teachers into positions in rural Alberta.
- \* **Christmas Sing-Along:** thanks to Laurier Levasseur for leading us in song!



Pictured with the NEARTA executive is Mr. Gilbert Perras (center), December guest speaker. Thank you for the informative presentation.



### *The NEARTA Newsletter*



*The NEARTA Newsletter arrives four times per year to share news, events, activities, and useful content for members. If you have suggestions or photos to share, please send them to our NEARTA email ([northeasternarta@gmail.com](mailto:northeasternarta@gmail.com)) for possible inclusion. Contact us by:*

**Phone:** President Larry Lambert—780-645-0376

**Email:** [northeasternarta@gmail.com](mailto:northeasternarta@gmail.com)

**Website:** <https://artabranches.net/nearta/>

**Follow Us on Facebook:**

<https://www.facebook.com/northeasternarta>

**The next NEARTA General Meeting is: Tuesday, March 11, 2025, 11 a.m. at the Glendon Seniors' Centre. See you there!**



### **ARTA Mission:**

**“ARTA supports an engaged lifestyle after retirement through member-centred services, advocacy, communication, wellness and leadership.”**



**GUEST SPEAKERS—NEARTA Meetings feature a range of informative, interesting and thought provoking guest speakers. Join us at the next meeting!**

**September 2024: Mr. Ron Young, NLPS Board Trustee and Retired Teacher. “Artificial Intelligence and Implications for Education.”**

**December 2024: Mr. Gilbert Perras, Dean of Career Programs, Portage College. “The Educational Assistant program and a proposed Bachelor of Education program; how the program can help get teachers into rural Alberta.”**

**Coming March 2025: Mr. Todd Munday, Lawyer from Wood and Munday LLP, Bonnyville. “Wills, personal directives, probate, capital gains, property, power of attorney.”**

**Coming June 2025: Mr. Naheed Nenshi, Leader of the Alberta NDP. “The Alberta NDP is working from a position of strength as Albertans know this party represents a viable, credible, competent alternative. Together, we will work hard to show our friends and neighbours that they have a home in the Alberta NDP and in 2027, we will deliver a smarter and more capable government that respects all Albertans.” – Retrieved November 29, 2024, from <https://www.albertandp.ca/alberta-ndp-announce-new-leader>**

### **What else can you do at a public library?**

In addition to borrowing books, movies, and music, you can do many other things at a public library in Alberta, including:

**\*Take programs:** Libraries offer programs for all ages, including classes for upgrading skills, learning new hobbies, and practicing English.

**\*Use the library’s computers & Wi-Fi.**

**\*Print documents at the library.**

**\*Access meeting rooms:** Book a meeting room at the library for your business, study group, book club, or other event.

**\*Borrow non-book items:** At some libraries you can borrow items like tools, musical instruments, educational activity kits, art supplies, toys.

**\*Access digital resources:** Access digital resources like eBooks, audiobooks, magazines, and newspapers.

**\*Access the Public Library Network:** In northern eastern Alberta you can access the Northern Lights Library System.

**\*Attend virtual classes and events:** Attend online live classes and events.

**\*Connect with newcomer services:** Connect to newcomer service agencies who can help.

### **The New ARTA Executive Committee**



At the Alberta Retired Teachers’ Association Annual General Meeting in Edmonton on October 1-2, the 2024-2025 ARTA Executive was elected.

The Executive Committee has three key responsibilities: Finance, Nominations, and Human Resources.

The Executive Committee works closely with ARTA's CEO and staff to manage accounts and to prepare an annual budget for Board approval. Committees submit Meeting Expense Budgets and Initiative Requests to the Executive Committee to include in the budget preparation. The Executive Committee also ensures that the organization is audited on an annual basis and that an audit report of the Financial Statement is presented at the Annual General Meeting.

- \* **PRESIDENT, Deb Gerow**
- \* **VICE PRESIDENT, Ray Hoger**
- \* **TREASURER, Lawrence Hrycan**
- \* **PAST PRESIDENT, Lorna McIlroy**
- \* **ARTA EXECUTIVE DIRECTOR & CEO, Daniel Mulloy**





## The Larry Lambert Story

Larry was born in Moose Jaw, SK and raised in the farming community of Eyebrow, SK. Larry was the second of four children born to his parents. Larry's mom was a teacher and his dad was a farm equipment dealer.

Larry went to high school in Wilcox, SK and played hockey for the Notre Dame Hounds, coached by Father Athol Murray. Larry graduated in Wilcox and went on to teacher college in Moose Jaw.

After teaching in Vanguard, SK for two years Larry moved to Alberta in 1960 to play hockey in Drumheller and teach in Delia. He taught in Delia for nine years and became principal. From Delia, Larry went to northern Alberta and was principal in Swan Hills for five years.

In 1972, Larry received his Bachelor of Education degree from the University of Calgary, completing the course work while working and raising a family.

In 1974 Larry moved to St. Paul and stayed. As principal of Ashmont School, his career continued for 19 years, until retirement in 1994. Larry and his family built a wonderful life in St. Paul. He and his wife Louise raised their children and watched their family grow. They became involved in the community, and continue to be active community members, contributing to making lives better in many ways.

The excerpts to the right were written by Larry Lambert. They are from [ARTA News and Views](#) – Summer 2022 edition.



“Gratitude: The Pause that Refreshes”

## NEARTA President Larry Lambert Recognized by ARTA

At the Alberta Retired Teachers' Association Annual General Meeting in Edmonton on October 1-2, NEARTA President Larry Lambert received Honourary Lifetime Membership in ARTA.

### Congratulations, Larry!

Larry has been involved with ARTA and NEARTA since the year 2000 and became NEARTA Branch president 14 years ago. Larry retired from St. Paul Education in 1994. During his career Larry was an active ATA member and served as the ATA Local president.



Larry is pictured receiving recognition from ARTA President, Deb Gerow, and ARTA Executive Director and CEO, Daniel Mulloy. The Award was presented to Larry on October 1st, 2024 at an Oktoberfest themed banquet as part of the ARTA Annual General Meeting.

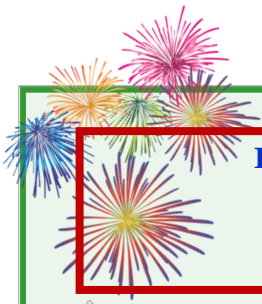


“Webster defines gratitude as a feeling of appreciation for a kindness or favour received. I believe that it is more than that. It is an attitude, a way of thinking and living.”

“Over my career, I had the opportunity to work with many wonderful teachers and was grateful to call them my friends.”

“Take the time to pause and think of all the things you are grateful for. It is a refreshing experience. Then, tell someone that you love them.”

“I am forever grateful for my wife Louise, who has been my support and partner for over sixty-four years. I am grateful for my family, who make us proud every day. And we are grateful for life in Canada with family, friends, and colleagues.”



**Happy New Year! Every new year is the best one yet ... cheers to many more!  
All the best to you and yours in 2025!**



**Winter Activities To Get Outdoors**



**Walking** is a great way to stay active and socialize. You can walk and visit as you head out to a local park or nature trail, or down the street. If it gets icy, avoid walking outdoors to prevent slips or falls. If you can't get outside, try indoor walking at a mall or recreation center.

**Bird watching**, a relaxing activity that can help you connect with nature; set up a bird feeder or get together with others and head into the forest.

**Cross-country skiing**, a great way to get outside to explore winter landscapes while getting a full-body workout, go your own speed, and enjoy the activity alone or with others.

**Snowshoeing**, a low-impact cardio workout that allows you to explore scenic areas. Snowshoe in parks, forests, or hiking trails.

**Ice skating**, a fun activity that combines balance and grace. You can skate at an outdoor rink, pond, or the slough!

**Winter Picnic**, pack a lunch and get some fresh air as you soak up vitamin D. Have a bonfire while enjoying the company of family and friends and a hot beverage.

**Build a snowman**, when the heavy wet snow comes, it's time to get out there and build a snowman! Do you remember how? It's simple to roll up three snowballs: one large, one medium, and one small. Stack them & let your creative side run wild by decorating the snowman with a face, clothing, arms, and any accessories you want!



**NEARTA**

**Membership**

**Join us or renew your membership. Annual membership is valid from September 1st to August 31st. NEARTA Membership is \$10.00 per year, payable by e-transfer, cheque, or cash.**

**Remember to update your membership information if it has changed or if you are new to NEARTA. Update your address, phone numbers, and email address. To get to the NEARTA Membership Form use the link:**

<https://forms.gle/bDTJ5tmemV4QpAtr6>



**Of Course ... there will be times when you have to Grab a Shovel and get outside to clear your snow. Then carry on to help a neighbour in need! The job goes quickly when you have friends and neighbours working together. You will feel great and help a neighbour who may not be able to move the snow themselves.**

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**NEARTA Membership**



Here is the information you need to pay membership dues:

- ⇒ E-Transfer (send to [northeasternarta@gmail.com](mailto:northeasternarta@gmail.com))
- ⇒ Cheque (made payable to Northeastern ARTA – bring your cheque to the next meeting on March 11, 2025)
- ⇒ Cash (you can pay with cash at the next meeting)

Membership in both ARTA and NEARTA is encouraged. They are separate memberships. For more information about becoming a member of ARTA, go to: <https://www.arta.net/join>

*We welcome you and encourage new members to join us!*