



HARTA

Heartland
Alberta
Retired
Teachers'
Association

The Heartland Herald HARTA's Newsletter of Branch Events **The HARTA Branch November Edition**

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A Branch of ARTA



Scheduled Events to June 30th 2018:

Leduc Wednesday, **November 21st** at 11:30 AM at St. David's United Church. Al Arntson will present a session on organ transplants. Al is a survivor of a double lung transplant recipient. A Reminder that the Body Composition Clinic will also be held from 9:00 AM to 4:00 PM at the same location.

Leduc Wednesday, February 13th at 11:30 AM at St. David's United Church. Luncheon followed by Presentation by Pot Luck and Devices Workshop.

Wetaskiwin Wednesday, March 13th, Luncheon at O'Brian's Restaurant in Wetaskiwin luncheon at 11:30 AM. Program to be arranged.

Leduc Wednesday, April 10 or 17 at 11:30 AM at

St. David's United Church. Luncheon with program to follow. Program to be arranged.

Drayton Valley On Tuesday, May 14th from 9:30 to 3:30 PM HARTA will be holding its annual Min-Conference. Please stay tuned for more details.

Leduc Friday, September 6th, 2019, 10:30 AM AGM, Election of Officers and Brunch at St. David's United Church in Leduc

HARTA Drayton Valley Luncheon October 18th

On October 18/18, twenty-five participants attended our luncheon at the Beehive Association in Drayton Valley. Of these twenty-five participants, three were from Leduc and two were from Thorsby.



HARTA Luncheon in Drayton Valley

There was a lot of socialization followed by a very informative and interesting presentation by Leah Sanderson, Community Communications, from the Drayton Valley Libraries. She outlined the various programs offered, as well as ways to volunteer. Most of the programs available are free and we realized how fortunate we are to have such a resource available in Drayton Valley.

In attendance were three HARTA members who had been part of the Drayton Valley Women's Institute and assisted in the formation of the first public library in Drayton Valley!! Thank you to Olga Brown, Lil Dupperon and Laverne Brown.

Thank you to everyone for being part of the day! A reminder that we meet the first Wednesday of every month for breakfast at 9:00 at Mitch's restaurant to connect and socialize! All members and guests are welcome at all of our functions.

Submitted by Sandy Hamilton

HARTA VP for Drayton Valley

HARTA's Leduc

Luncheon, November 21st

HARTA's next luncheon will be at St. David's United Church in Leduc. Albert Arntson is our speaker. His session is on Organ Donation.

As a result of a serious deterioration in his lung capacity, Al was put on the list for a double lung transplant. Al will tell us how he benefited from his organ transplant and what we need to know about being an organ donor.

During the day of November 21st HARTA will also be holding a Body Composition Clinic at the Church from 9:00 AM to 4:00 PM. Please contact Linda Thompson at (780) 986-8349 or Ron Thompson (contact info at the end of this newsletter.) to book an appointment for your Body Composition Booking. As well our lunch-

eon will be soup, sandwiches and dessert. We hope to see you there.

HARTA's Devices Workshop February 13th, 2019

HARTA's annual Devices Workshop will take place on Wednesday, February 13th. There will be a Lunch of Soup, Sandwiches and dessert followed by Entertainment and Workshops dealing with computer related issues. Tentatively Margaret Clark and Stan Gerber will be our instructors. Please let me know any topics re: computers or other devices which you would like addressed. Ron's Contact info is included with the rest of the Executive Contact info.

Member Welfare

Please let the editor know of anyone who would appreciate a get well note or a phone call from other HARTA members.

Membership Fees

Members who need to pay their fees can do so at HARTA Luncheons. Members may also send a cheque or money order to: HARTA, C/O Ron Thompson, 4020 - 37 Ave. in Leduc, Alberta. The Postal Code is T9E 6C9. Please send \$10.00 for each year you would like to renew. Our next HARTA event is at the O'Brian's Restaurant in Wetaskiwin. See the details given earlier in this newsletter as well as the Poster at the end of this newsletter.

HARTA Volunteers Needed

At various times during the program year, HARTA needs members to help with various tasks. For the various luncheons, we can always use extra help in preparing the room for our programs. In Drayton Valley check with Sandy, In Leduc, Ron T. or Elaine and in Wetaskiwin either Ron H or Ron T.

On February 7th and 8th HARTA will be helping to man the ARTA Convention Booth at the North Central Teaches' Convention in Edmonton. Members would be needed for shifts from 8:30 AM to Noon and from Noon to 3:30 PM on both days. If you would be available, please let the president know. The contact information is at the end of this Newsletter.

Ron Thompson, HARTA President

Drayton Valley Mini-Conference

Since spring of 2014 HARTA has hosted a Mini-Conference first in Wetaskiwin then Leduc and Drayton Valley. Last year the Mini-Conference was in Leduc. HARTA traditionally holds its mini-conferences in Leduc one year and Drayton Valley the next year.

On May 14, 2019, Drayton Valley will be hosting it's second, full day mini-conference at the Best Western Hotel. Please save the date. The conference is open to all members of HARTA, other branches, other members of ARTA and guests. The conference is just in the planning phase, but the sessions we are exploring include: laughing yoga; internet safety; organ donation; gardening; and Qigong. We will have further information on our new web-site as we finalize the day, when the site is up and running. Please contact

Sandy Hamilton (email: hams1@telus.net) or Ron Thompson (email: rnthomson@shaw.ca or phone: (780) 986-8349 if you have questions.

Submitted by Sandy Hamilton HARTA VP
Drayton Valley & Ron Thompson HARTA President

Executive and Contact Info for the 2018-19 Program Year

Alvin Rurka: Past President

Ron Thompson: President & ARTA Rep

Elaine Merriman: Vice President Leduc

Sandy Hamilton: Vice President Drayton Valley

Ron Holmlund: Vice President Wetaskiwin

Walley Porter: ATA Liaison

Darleen Broadbent: Treasurer

Erika Lefevre: Secretary

The Goals of HARTA

- To carry on social activities, enabling our members to maintain contact with their colleagues.
- To provide information to our members about the resources available through the Alberta Retired Teachers' Association. (ARTA) and other sources.

ARTA supports an engaged lifestyle after retirement through member-centered services, advocacy, communication, wellness and leadership.



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Alberta
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Association

A Branch of ARTA



**You're Invited to
HARTA's Leduc
Luncheon
@St. David's
United Church
4614 - 48 St.
in Leduc
Program: Albert
Arntson: Organ
Donation**

Organ Donation

email:
rnthompson@shaw.ca
(r n thompson)
phone:
(780) 986-8349

**Wednesday, Nov. 21, 2018 11:30 AM
Luncheon, Soup & Sandwiches, \$10.00 / person**

**Membership \$10.00 Per Year
New retirees Free for the first Year**